

# ÉVOKE

H O L I S T I C T H E R A P Y

## Stressed? Tired? Aches & Pains? Have you ever considered Holistic Therapy?

I offer a number of soothing therapies including Reiki Healing from my new treatment room in Great Bridgeford.

Reiki is a gentle healing treatment and can be given to help with many common issues including:

Pain, Stress, Anxiety and Depression, Arthritis and inflammatory conditions  
Sleep Disturbances & Insomnia, Side effects from medications, Digestive problems.

I also offer the following services:

Reiki for Pets (treatment is carried out at your own premises)  
Indian Head Massage

Please feel free to contact me for a chat or an appointment.

Contact details:

SARAH BRADSHAW  
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Holistic Therapist & Reiki Practitioner

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**theguild**  
of Holistic Therapists

