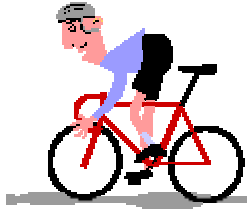
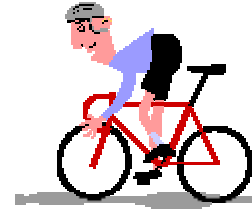


COME & GIVE IT A GO



TIME TRIAL



Saturday 19 June & 3 July, 2pm Woodseave, Stafford

As part of **National Bike Week** [Stafford Road Club](#) is holding a **Come & Give A Go Time Trial** aimed at encouraging new riders into the sport. The course runs between Woodseaves and Great Bridgeford and is 7.9km or 5 miles long. Both these event are open to all and can be ridden on any style of bike (mountain, road or hybrid). So do not worry if you are not a member of a club or have never ridden a time trial before, this day is geared to cater for the complete novice to more experienced riders.

The event is being run in conjunction with British Cycling and CTT, so like the Pro's we will have Time Keepers, Marshals, riders numbers and all entrants are insured. The entry fee is £2 and prizes will be awarded on the day to the fastest riders in each group and anyone under 18 will receive a free water bottle.

So if you want to follow in the foot steps of Bradley Wiggins or Emma Pooley this where it all starts. Entry is on the day, but as these events have in the past proved to be very popular so we are taking provisional bookings from anyone who is interested in riding to secure their place.

Signing on will be from 12.30pm in the HQ (Great Bridgeford Village Hall). Like the Tour De France, riders will set off at 1 minute intervals with the first rider starting at 2pm, please allow up to 30 minutes to ride from the HQ to the start. The minimum age for entrants is 12 and any rider under the age of 18 must bring with them a signed parental consent form. Refreshments will be available before and after the event in the HQ.

Please log onto www.staffordrc.org for more details on this event, course map, print off a [Parental Consent form](#) and for updates. Alternatively contact Alastair at webmail@staffordrc.org or on 01785 253 691.

We hope to see you all there for a fun day out on your bike!